Performance Report for:
https://karislife.com.au/

Report generated: Mon, Oct 30, 2023 6:22 PM -0700
Test Server Location: 🇨🇦 Vancouver, Canada
Using: 🌐 Chrome (Desktop) 117.0.0.0, Lighthouse 11.0.0

A	Performance **100%**	Structure **99%**	L. Contentful Paint **586ms**	T. Blocking Time **75ms**	C. Layout Shift **0.04**

Top Issues

IMPACT	AUDIT	
Low	**Avoid an excessive DOM size** TBT	1,057 elements
Low	**Avoid enormous network payloads** LCP	Total size was 598KB
Low	**Properly size images**	Potential savings of 40.2KB
Low	**Avoid long main-thread tasks** TBT	2 long tasks found
Low	**Avoid non-composited animations** CLS	68 animated elements found

Page Details

1.2s
Fully Loaded Time

Total Page Size – 589KB

JS 279KB	IMG 235KB	HTML 33.4KB	Font 37.4KB

Total Page Requests – 54

JS 51.9%	IMG 31.5%	Other 7.4%	CSS 5.6%	

- 🟪 HTML
- 🟦 JS
- 🟦 CSS
- 🟦 IMG
- 🟦 Video
- 🟪 Font
- ⬜ Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**
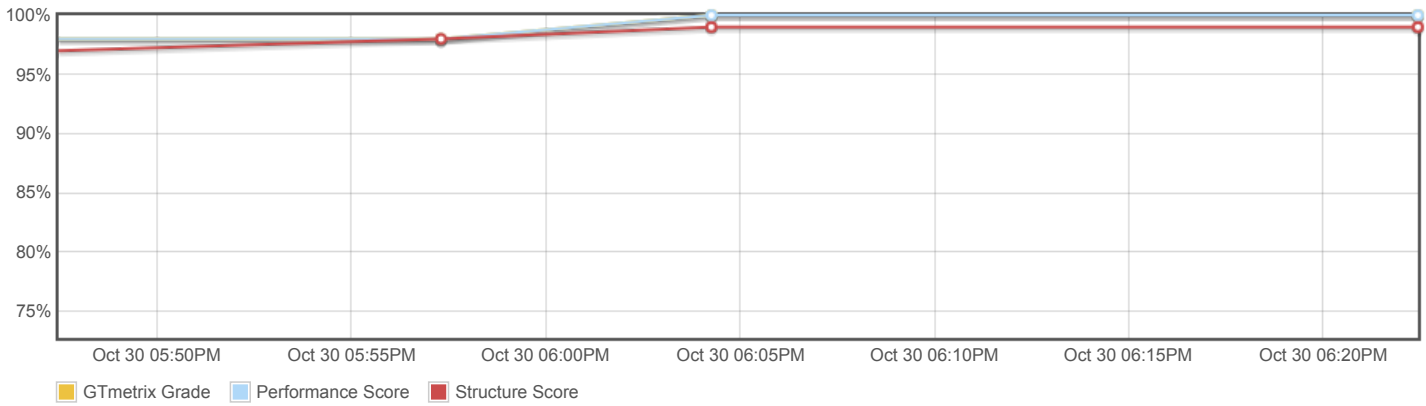
About GTmetrix

GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 27 years experience in web technology.

CARBON 60
THE MANAGED CLOUD COMPANY

https://carbon60.com/

Page scores

- GTmetrix Grade
- Performance Score
- Structure Score

Page metrics

- Time to First Byte
- First Contentful Paint
- Largest Contentful Paint
- Onload Time
- Time to Interactive
- Fully Loaded
- Total Blocking Time
- Speed Index
- Cumulative Layout Shift
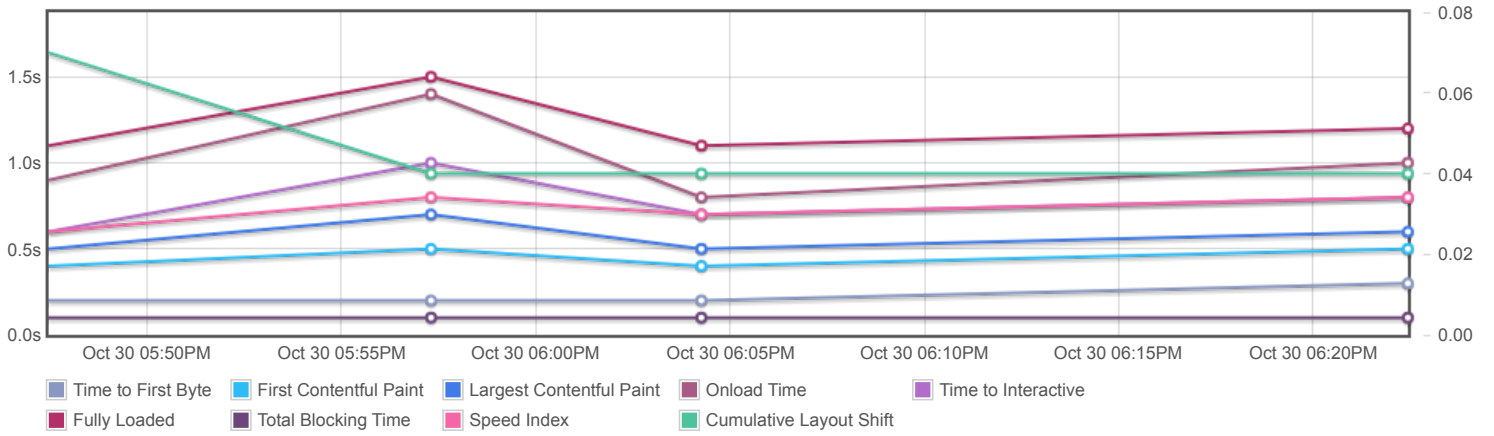
Page sizes and request counts

- HTML Size
- Total Page Size
- Requests

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Aged-Care & Mobility Equipment Sydney | Karis Life
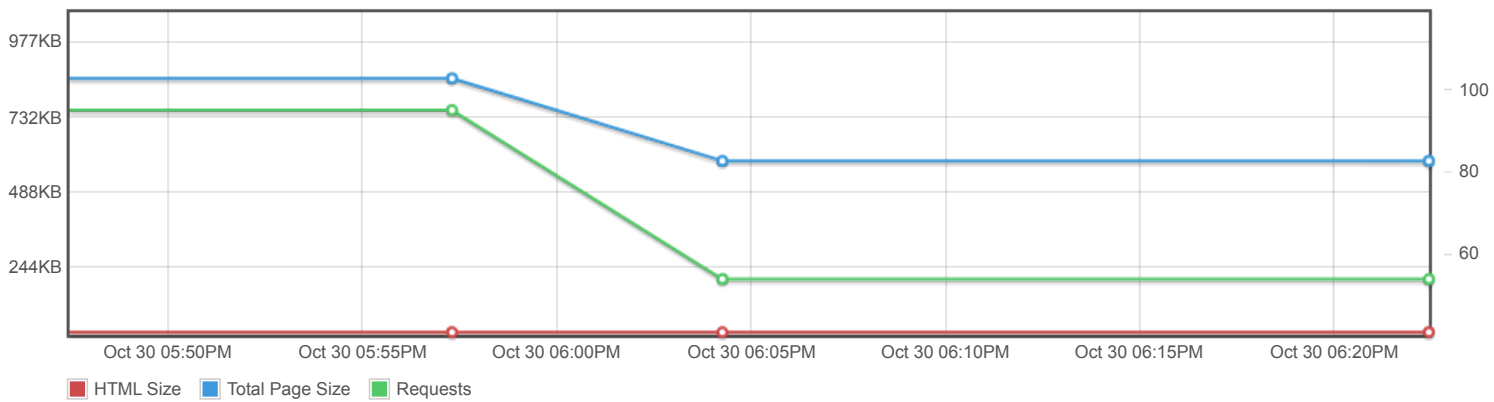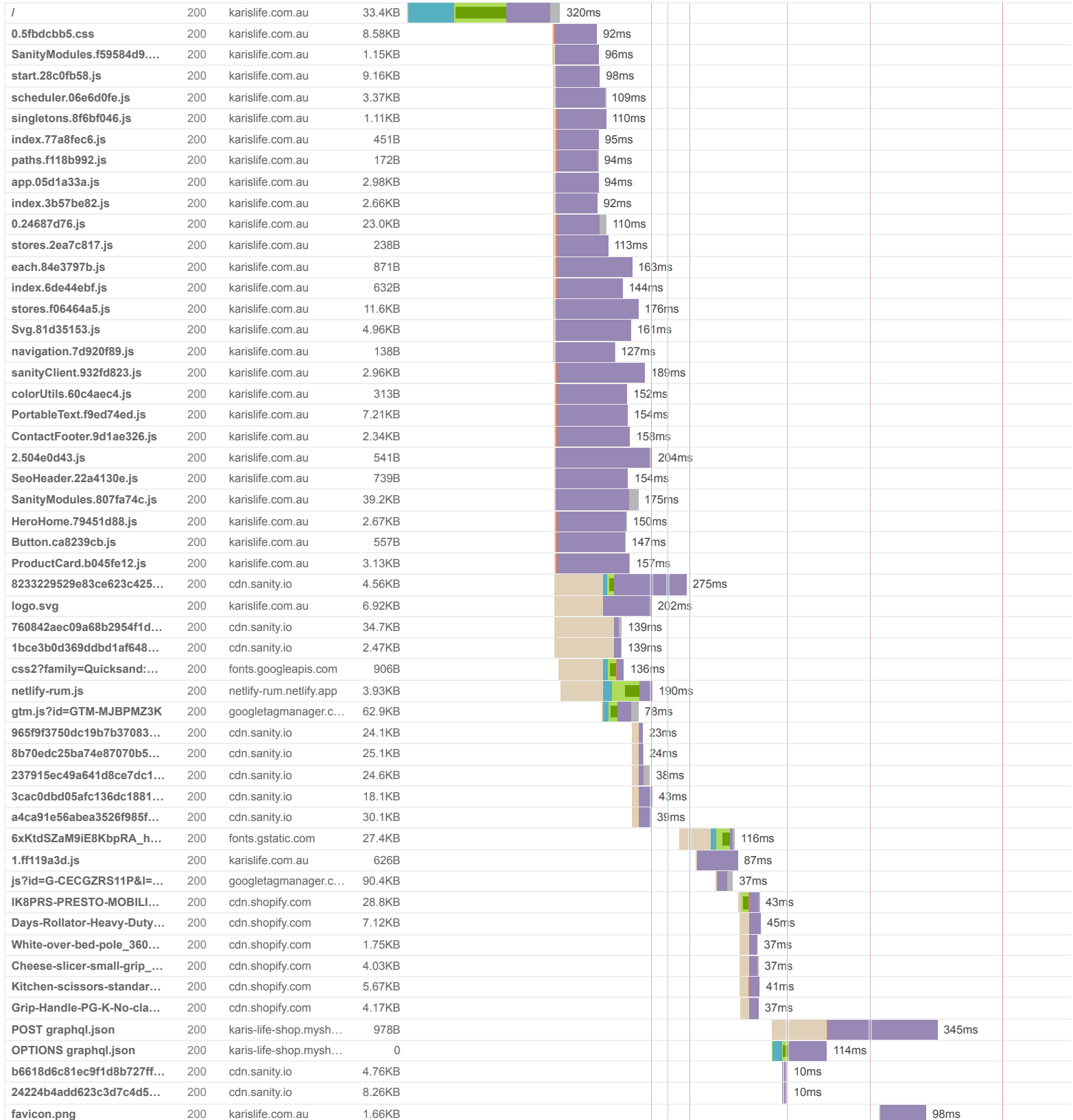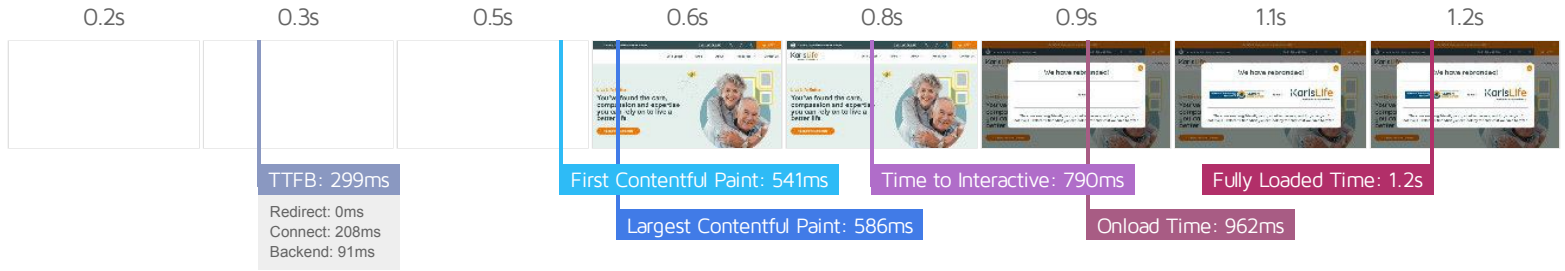
Resource	Status	Host	Size	Time
/	200	karislife.com.au	33.4KB	320ms
0.5fbdcbb5.css	200	karislife.com.au	8.58KB	92ms
SanityModules.f59584d9....	200	karislife.com.au	1.15KB	96ms
start.28c0fb58.js	200	karislife.com.au	9.16KB	98ms
scheduler.06e6d0fe.js	200	karislife.com.au	3.37KB	109ms
singletons.8f6bf046.js	200	karislife.com.au	1.11KB	110ms
index.77a8fec6.js	200	karislife.com.au	451B	95ms
paths.f118b992.js	200	karislife.com.au	172B	94ms
app.05d1a33a.js	200	karislife.com.au	2.98KB	94ms
index.3b57be82.js	200	karislife.com.au	2.66KB	92ms
0.24687d76.js	200	karislife.com.au	23.0KB	110ms
stores.2ea7c817.js	200	karislife.com.au	238B	113ms
each.84e3797b.js	200	karislife.com.au	871B	163ms
index.6de44ebf.js	200	karislife.com.au	632B	144ms
stores.f06464a5.js	200	karislife.com.au	11.6KB	176ms
Svg.81d35153.js	200	karislife.com.au	4.96KB	161ms
navigation.7d920f89.js	200	karislife.com.au	138B	127ms
sanityClient.932fd823.js	200	karislife.com.au	2.96KB	189ms
colorUtils.60c4aec4.js	200	karislife.com.au	313B	152ms
PortableText.f9ed74ed.js	200	karislife.com.au	7.21KB	154ms
ContactFooter.9d1ae326.js	200	karislife.com.au	2.34KB	158ms
2.504e0d43.js	200	karislife.com.au	541B	204ms
SeoHeader.22a4130e.js	200	karislife.com.au	739B	154ms
SanityModules.807fa74c.js	200	karislife.com.au	39.2KB	175ms
HeroHome.79451d88.js	200	karislife.com.au	2.67KB	150ms
Button.ca8239cb.js	200	karislife.com.au	557B	147ms
ProductCard.b045fe12.js	200	karislife.com.au	3.13KB	157ms
8233229529e83ce623c425...	200	cdn.sanity.io	4.56KB	275ms
logo.svg	200	karislife.com.au	6.92KB	202ms
760842aec09a68b2954f1d...	200	cdn.sanity.io	34.7KB	139ms
1bce3b0d369ddbd1af648...	200	cdn.sanity.io	2.47KB	139ms
css2?family=Quicksand:...	200	fonts.googleapis.com	906B	136ms
netlify-rum.js	200	netlify-rum.netlify.app	3.93KB	190ms
gtm.js?id=GTM-MJBPMZ3K	200	googletagmanager.c...	62.9KB	78ms
965f9f3750dc19b7b37083...	200	cdn.sanity.io	24.1KB	23ms
8b70edc25ba74e87070b5...	200	cdn.sanity.io	25.1KB	24ms
237915ec49a641d8ce7dc1...	200	cdn.sanity.io	24.6KB	38ms
3cac0dbd05afc136dc1881...	200	cdn.sanity.io	18.1KB	43ms
a4ca91e56abea3526f985f...	200	cdn.sanity.io	30.1KB	39ms
6xKtdSZaM9iE8KbpRA_h...	200	fonts.gstatic.com	27.4KB	116ms
1.ff119a3d.js	200	karislife.com.au	626B	87ms
js?id=G-CECGZRS11P&l=...	200	googletagmanager.c...	90.4KB	37ms
IK8PRS-PRESTO-MOBILI...	200	cdn.shopify.com	28.8KB	43ms
Days-Rollator-Heavy-Duty...	200	cdn.shopify.com	7.12KB	45ms
White-over-bed-pole_360...	200	cdn.shopify.com	1.75KB	37ms
Cheese-slicer-small-grip_...	200	cdn.shopify.com	4.03KB	37ms
Kitchen-scissors-standar...	200	cdn.shopify.com	5.67KB	41ms
Grip-Handle-PG-K-No-cla...	200	cdn.shopify.com	4.17KB	37ms
POST graphql.json	200	karis-life-shop.mysh...	978B	345ms
OPTIONS graphql.json	200	karis-life-shop.mysh...	0	114ms
b6618d6c81ec9f1d8b727ff...	200	cdn.sanity.io	4.76KB	10ms
24224b4add623c3d7c4d5...	200	cdn.sanity.io	8.26KB	10ms
favicon.png	200	karislife.com.au	1.66KB	98ms

POST graphql.json	200	karis-life-shop.mysh…	1.23KB		128ms
54 Requests	**589KB (1.41MB Uncompressed)**		**Fully Loaded 1.2s (Onload 962ms)**		

0.2s	0.3s	0.5s	0.6s	0.8s	0.9s	1.1s	1.2s

TTFB: 299ms
Redirect: 0ms
Connect: 208ms
Backend: 91ms

First Contentful Paint: 541ms

Largest Contentful Paint: 586ms

Time to Interactive: 790ms

Onload Time: 962ms

Fully Loaded Time: 1.2s

Performance Metrics

First Contentful Paint

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

Good - Nothing to do here

541ms

Time to Interactive

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

Good - Nothing to do here

790ms

Speed Index

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

Good - Nothing to do here

790ms

Total Blocking Time

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

Good - Nothing to do here

75ms

Largest Contentful Paint

How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.

Good - Nothing to do here

586ms

Cumulative Layout Shift

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

Good - Nothing to do here

0.04

Browser Timings

Redirect	0ms	Connect	208ms	Backend	91ms
TTFB	299ms	DOM Int.	506ms	DOM Loaded	507ms
First Paint	541ms	Onload	962ms	Fully Loaded	1.2s

IMPACT	AUDIT	
Low	**Avoid an excessive DOM size** TBT	1,057 elements
Low	**Avoid enormous network payloads** LCP	Total size was 598KB
Low	**Properly size images**	Potential savings of 40.2KB
Low	**Avoid long main-thread tasks** TBT	2 long tasks found
Low	**Avoid non-composited animations** CLS	68 animated elements found
Low	**Avoid chaining critical requests** FCP LCP	2 chains found
Low	**Reduce unused JavaScript** LCP	Potential savings of 100KB
N/A	**Largest Contentful Paint element** LCP	590 ms
N/A	**Eliminate render-blocking resources** FCP LCP	Potential savings of 0 ms
N/A	**Reduce JavaScript execution time** TBT	98ms spent executing JavaScript
N/A	**Reduce initial server response time** FCP LCP	Root document took 90ms
N/A	**Avoid large layout shifts** CLS	5 elements found
N/A	**Minimize main-thread work** TBT	Main-thread busy for 617ms
N/A	**Reduce the impact of third-party code** TBT	Total size was 423KB
N/A	**Avoid serving legacy JavaScript to modern browsers** TBT	
N/A	**User Timing marks and measures**	